



The Nungas Community Gym

WANT TO SIGN UP? HERE IS HOW!

Step One:

Complete your 715 Health Check with one of our Aboriginal Health Practitioners.

Step Two:

The GP will send your gym referral to the Chronic Disease Coordinator (CDC).

Step Three:

You will then receive a phone call to arrange a time that suits you, to meet at the gym and complete your sign up to receive your own key.

What will you receive when you sign up?

Your own key for 24/7 access

A free fitness towel and drink bottle

A free 4 week program to get you started

124 Adelaide Rd, Murray Bridge SA
www.moorundi.org.au
1800 023 846

 **MOORUNDI**
Aboriginal Community Controlled Health Service Ltd.